



COME AND ENJOY A FREE 3 DAY GUEST MEMBERSHIP FOR TWO PEOPLE AT NUFFIELD HEALTH & WELLBEING CHICHESTER.

The club offers great facilities, welcoming atmosphere and friendly professional staff. Come and work out in our fully equipped gym or reenergise with one of our classes. Relax and unwind in our heated pool or try our sauna and steam rooms. Simply bring in this leaflet to claim your 3 day pass. All club memberships include access to all facilities, Health MOT assessments and personalised gym programs with free follow up reviews. Cafe Bar & free Wi-Fi available.

Tel: 01243 788678.

www.nuffieldhealth.com/chichester

T&C's apply.



BOWL FOR JUST £2.00 A GAME

Terms and conditions

Valid 8th July - 6th September 2013. Not to be used in conjunction with any other offer. Leaflet offer max 6 persons per BOOKING. All games changed at £2 per person with this leaflet. Leaflet must be produced to obtain the offer, lanes subject to availability. Management reserve the right to withdraw at any time. Management decision is final.

Tel: **01243 788678**

www.1stbowl.com



A FREE SUNDAE WITH A MAIN MEAL

Terms and conditions

One per table, only available on Saturdays. Available every Saturday in August.



FREE DESSERT OR GLASS OF WINE WITH EVERY MAIN COURSE ORDERED IN RESTAURANT



10 PIECE BARGAIN BUCKET FOR £9.99

Terms and conditions

Valid for the month of August, customers must present the coupon before they pay for the order, 1 coupon per person per visit, not redeemable against any other offer, no cash alternatives, no photocopies excepted, coupon to be retained by store, only available at KFC Chichester gate

T&C's apply. Valid throughout August 2013